

NORTHWOLD CARNIVAL 2012

Saturday 9th June saw yet another PTFA Village Carnival, we are proud to say that in the Queen's Silver Jubilee year Northwold saw the first parade through the village, and now in her golden jubilee celebrations we are still going strong.



We had a fine procession led by Goldwings motorbikes and the Kings Lynn Samba Band, followed by a colourful selection of floats, three of which were



from the primary school. The pre-school, Tots & co, WI, Harry & Charlie Cater, with Harry & Archie Ramshaw also entered into the

spirit of the event with their Olympic themed floats. This year's Carnival queen was Megan Billmen, who looked amazing in her beautiful red gown. The King, Prince and Princesses all looked very regal as they traveled through the village. This year our judges who had a very hard job were Joan Horan and Ken Walters, you done a terrific job we thank you.



Once the parade reached the school field, the judges announced the winners of the floats, 1st Mount Olympus primary school 2nd London 2012 pre-school, and 3rd Olympic rowing team, Cater & Ramshaw. In the adult category those wonderful WI ladies were the outright winners, as once again they were the only adults to take part in this category. Costume winners were Isobel Anderson, Jack Greenacre, Jack Hales, Kirsty Harker, Tina Young and Ann Howarth. There were plenty of side attractions and arena events to keep the crowds entertained throughout the afternoon. One of the main attractions were our very own PTFA boys, they never fail to amaze us with their crazy antics each year, which has become quite a tradition. I must point out that the lads raised a further £100 later on at the sports and social club, when they donned the morph suits again and danced to the song "I'm sexy and I know it" !!!



Our thanks go to Hall Farm for once again allowing the Parade to start from their land and to our sponsors, the villagers and parents who donated prizes, and everyone who came out to support the event on the day. I always have special thank yous to the people who give up a lot of their time during the lead up to the carnival, and the clear up operation



after it. BBQ team, Beer Tent Team, Tea Tent Team and Ice Cream Team you all worked very hard as always serving the crowds. The drivers of the vehicles, bucket runners, marshals, so many people to thank, the PTFA are grateful to you all. Roger Preston our chair person will be revealing the profit raised very soon. All monies raised will go to the PTFA fund, which is helping the school pay for the recent addition of a new classroom.

Regards Sheena



What a fabulous Carnival we had this year? The weather managed to be kind and allowed the floats to make their way sedately through the village. It was a joy to see extra floats this year. I hope we shall see Year 6, ex-pupils and, perhaps, parents organising their own floats in next year's event. At the writing of this, I cannot share the amount raised as it is still being counted – a good sign perhaps!

The floats were a wonderful, with the Olympic theme imaginatively explored. It was a delight to hear the school won a prize with 'Mount Olympus'; as did the Cater/Ramshaw



"Olympic Rowing Team" and the WI's "Cooking Olympics".



Thanks must go to Revs. Horan and Waters for judging the floats and costumes - an unenviable task! As ever, the costumes were beautifully executed. Images of the prize winners are in this article.

As ever, the feat of organisation was staggering with the PTFA transforming the field in the space of two days; organising a wealth of stallholders to keep us busy, well watered and fed and ensuring everything happened safely. The arena was a highlight with a variety of interesting and entertaining performances, from Gold Wing Motorcycles to Geese Rounding Dogs! Perhaps the moment no one should have missed was the vision of 7 ribbon-wielding, morph be-suited apparitions. Only in Northwold would a group of 'grown' men take the risk of ridicule and create an hilarious, graceful and fun-filled gymnastic display; my thanks to them and their PTFA alter egos for all their efforts in and out of the arena.

Poor Miss. Howlett had to go through the indignity of the Gunge! She looked most elegant in the finest bin bags money could buy and suffered her ordeal with as much dignity as she could muster. In return for her suffering, I believe she has a long list of jobs she would like help to complete! Thank you to everyone who attended, provided sponsorship, trailers, tractors, trucks, driving skills, time, effort and energy to make

it a wonderful event. I too am grateful for the funds the event raises this helps us to provide enrichment activities for the children and this year to go towards paying our contribution to our lovely new classroom.

Our term has not only been focussed on the Carnival, we had a right royal time with our Jubilee Street Party. We started our celebrations by playing games such as 'The Farmer's in his den', 'Ring a ring a roses' and 'You put your right arm in...'. It was delightful seeing the children playing as some of us would have played in our school days. Celebrations were extended to singing the 'National Anthem' saying a prayer for Queen Elizabeth II and then sitting down to a sumptuous lunch with every type of cake you could imagine. Madrid Class ended our day with a memorable Celebration Assembly with a tour though the events that have marked the Queen's sixty year reign. As ever, the children threw their heart and soul into the performance and ended the special day in style.

On return from our half term we were delighted to have Richard O'Neill, a Gypsy Roma Story Teller weave stories with the children. The children were also able to look inside a classic 1960's caravan and see the beautiful decor and finish of such homes; our thanks to Miss Neal and Mr Wellard for making this possible. I leave you with some tips for keeping our planet safe from our year 4 and 5 children:

Eco tips from Madrid class.

Does it matter that I leave my phone on all day?

Russell's top tip. "Charge the phone until it's full and then let it run down before charging it again." **Russell Missin**

Surely, it's ok to leave lights on?

"It's ok if it's dark but in daytime make the most of the daylight" **Nelson Wilson**

Why should I shut doors and windows when the heating is on?

"It lets the heat out. The heat is created using energy and you don't want to use all the energy up". **Chloe Flynn**

Does it matter which bin I put stuff in?

"YES!" **The whole class!**

"If you put metal in the plastic bin, when it gets heated in the recycling process it will become too hot and damage the plastic" **Rachel Muir**

"It's important to recycle glass, if it is littered it could cut someone's feet" **Kylie Nelson**

"Metal and glass are recyclable which means they can turn into different things and use them again". **Finley Roberts**

"Instead of wasting more materials be careful with them so you can keep using them" **Rhys Davies**

"If you put glass or metal into the paper bin the machine might get broken and we would not be able to do any recycling" **Alfie Anderson**

Carole Reich

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The views expressed in submitted items are not necessarily endorsed by Northwold & Whittington Village Life. Whilst we endeavour to ensure that all information contained in the newsletter is correct, we cannot be held responsible for errors. The Editor reserves the right to refuse or omit items without explanation.

ST.ANDREW'S CHURCH DIARY 2012

JULY

Sunday 1st
11.00 am Holy Communion, Rev. Waters

Sunday 8th
11.00 am Matins, Keith MacLeod

Sunday 15th
08.00 am Holy Communion, Rev. Horan

Sunday 22nd
11.00 am Family Service, Rev. Waters

Sunday 29th
10.00 am Benefice, Rev. Horan

AUGUST

Sunday 5th
11.00 am Holy Communion, Rev. Marsden

Sunday 12th
11.00 am Matins, Rev. Marsden

Sunday 19th
08.00 am Holy Communion, Rev. Waters

Sunday 26th
11.00 am Holy Communion, Rev. Waters

If you have any questions or would like further information, The Churchwardens, Chris Collins and Carol Sharp, may be contacted on 728404 and 728227 respectively.

Church website:
www.northwoldchurch.org.uk

**THERE MAY BE CHANGES SO
PLEASE KEEP AN EYE ON THE
NOTICE BOARDS**

COFFEE MORNING

There will be a coffee morning in the Village Hall on **Thursday, July 19th** commencing at 10.30am. All proceeds will be for the upkeep of St. Andrew's.

Everyone is very welcome.

TEA TOWELS - SARA

The new village tea towels incorporating the poem Northwold, which was written for last year's History Weekend, are now available, price £5, from Ann Howarth. All proceeds will go to SARA, the St Andrew's Restoration Appeal.

Ann Howarth, 727772 (3 Stablefields)

TENNIS

Junior Tennis Club will be held every Tuesday in July from 6 - 7pm, weather permitting.

If you are aged between eight and fourteen years you are very welcome to come.

Adult Club will now be held on Wednesdays throughout the season from 7pm.

Carol

The Benefice of All Saints Wretton with Stoke Ferry and Christ Church Whittington

The Benefice is in interregnum.

Licensed Lay Ministers:

Keith MacLeod - West Barn, Ryston Road, West Dereham. Telephone 01366 500960
Carol Nicholas-Letch - Honey Tree, Furlong Drove, Stoke Ferry. Telephone 01366 500704
For information concerning marriage, baptism or funerals, please contact The Churchwardens or Minister, Carol Nicholas-Letch.

JULY

Sunday 1st
09.30 am Wretton with Carol Nicholas-Letch

Sunday 8th
09.30 am Whittington with Keith MacLeod

Sunday 15th
09.30 am Wretton with Keith MacLeod

Thursday, 19th
5.30 pm Compline at Stoke Ferry with Carol Nicholas-Letch

Sunday 22nd
6.00 pm Songs of Praise, Whittington Riverside with Carol Nicholas-Letch

Sunday 29th
09.30 am Wretton Holy Communion with Ken Waters

AUGUST

Sunday 5th
09.30 am Whittington with Carol Nicholas-Letch

Sunday 12th
09.30 am Communion at Wretton with the Ven. Hugh McCurdy, followed at **2pm by the Riverside Extravaganza at Whittington**

Sunday 19th
09.30 am Whittington with Keith MacLeod

Thursday, 23rd
5.30 pm Compline at Stoke Ferry with Carol Nicholas-Letch

Sunday 26th
09.30 am Wretton with Carol Nicholas-Letch

If you are unable to attend Holy Communion due to illness or disability, please contact Carol Nicholas-Letch who will be pleased to administer the Sacrament to you in your home. Please phone 01366 500704.

**EVENING COMPLINE IS A
SHORT, PEACEFUL SERVICE.
EVERYONE IS WELCOME TO
JOIN US IN
ALL SAINTS, STOKE FERRY**

Christ Church Whittington's Churchwarden is Elaine Taylor. Tele. 500948
All Saints Wretton with Stoke Ferry's Churchwardens are Elaine (tele: 500948) and John Reeve (tele: 500065)

**GRANGE FARM
WHITTINGTON
SUNDAY 12TH AUGUST
2 - 5pm FREE ENTRY**

Duck Race River Boat Rides
Refreshments Stalls Games
Horse drawn carriage & More

*To be opened by the
Ven. Hugh McCurdy
In aid of Christ Church Whittington*

On June 10th in Whittington church



Wendy Hodson showed The Venerable Hugh McCurdy the Jubilee book she put together for Whittington Village which will be kept in the church, also in the picture are Davina Eves, Jenny Elsey and Sylvia Jackson.

**WHITTINGTON JUBILEE
BOOK**

Thank you to everyone who has contributed and participated in this project. Sadly not as many residents joined in as I would have liked. The book is now finished and you may view it at Whittington church, when open for services, public functions or by arrangement. Once again many thanks.

Wendy Hodson 501052

DOG LITTER BINS

Do you think a dog litter bin is needed in Whittington? If so any suggestions as to where it should be sited would be appreciated.

Please call Sylvia Jackson on 01366 500062

Whittington Parochial Church Council have made every effort to obtain a burial ground within the village but unfortunately this has not been possible and we have been informed that when the two remaining spaces have been used burials will take place in Northwold Cemetery.

SARA

It was good to have lots of support at the Carnival on Saturday. Our "20p a go" stall was busy all afternoon raising £73.20 bringing the total for our mile of 20 pence pieces to £557.20. It would be fantastic if we could manage to raise a £1000 by Christmas! We are inching our way along Church Lane but it would be good to turn the corner into School Lane before 2013. Please, please keep collecting your 20 pence pieces. Each one really does count!

The sale of the lovely Northwold tea towels continues to raise funds for SARA (more are still available) and the Jubilee Quiz raised £75. Our fund raising events will continue until one very kind village resident (who shall remain nameless) wins the Lottery and pays for the church restoration!

Until that happy day we will continue to run a variety of events. If there is something you think would be a fun fund raiser, please let us know.

The current total raised is £7,000

Continued and heartfelt thanks
for all your support.

BEEBLE DRIVE

By public demand...our next event will be another Beetle Drive in the Norman School on **Friday 28th September**. Tickets will be on sale in September and we look forward to hosting another fun filled night for the whole family. The first one was a huge success so remember to buy your tickets early to ensure a place.

SARA

Lucky Ball winners up to June 9th

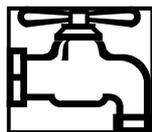
The Lucky Ball in aid of SARA has been operating since January and as you can see it is going well and good fortune has favoured several participants more than once!

Sadly some of us have not been so "lucky" myself included, but we don't give up hope and after all it IS for a very good cause.

If anyone is interested in joining contact Veronica Hutchby

Date	No.	Name
Jan. 7	38	Chris & Alan Collins
Jan. 14	33	Geoff Bartram
Jan. 21	19	Frank Giles
Jan. 28	01	Carol Sharp
Feb. 4	46	Janet Deacon
Feb. 11	06	Mike & Ann Howarth
Feb. 18	24	Graeme Cooper
Feb. 25	33	Geoff Bartram
Mar. 3	42	Peggy Clear
Mar. 10	33	Geoff Bartram
Mar. 17	15	Dorothy Rickman
Mar. 24	32	Robyn Hood
Mar. 31	19	Frank Giles
April 7	18	Winifred Robinson
Apr. 14	40	Peter Hutchby
Apr. 21	30	Pat Coles
Apr. 28	6	Mike & Ann Howarth
May 5	36	Brenda Ayres
May 12	20	Timothy Nixon
May 19	22	Amy Eyles
May 26	45	Jane Rabett
June 2	15	Dorothy Rickman
June 9	30	Pat Coles

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WHAT DOES THE DOCTOR THINK THIS MONTH?

A couple of weeks ago, Management and I set off to see our grandchildren who live in Melbourne, near Royston. I have previously mentioned Oliver, who has good singing voice. I am teaching the Chaz and Dave version of "It takes a whole lot of loving just to keep my baby happy" and he is coming along well. He does not understand all the lyrics but I know his parents will be impressed when they see his first performance. We were just approaching Hockwold when, suddenly, we heard "Dee Dah, Dee Dah, Dee Dah, Dee Dah, Wop, Wop, Wop, Wop, Dee Dah". A plaintive cry came from my left "Oh, Ian, what have you done now?" I judged that this was not the time to have a discussion about the principle of innocence until proved guilty and looked around frantically; was it an ambulance? No. Was it a fire engine? No. Worse still, was it a police car? There was none in front, behind, up Burdock lane to the right or the High Street to the left. We carried on. Dee Dah, Dee Dah..... I stopped in the lay by beyond Hockwold – Dee Dah Wop, Wop, Wop, Dee Dah – Management suggested that it might be an alarm signal warning us of a problem with the car. Fair enough – I turned off the ignition. Dee Dah, Dee Dah, Wop, Wop continued. The sound seemed to be coming from behind the vehicle so I got out to see where they were hiding. Silence! The sound must be coming from inside the car, at the back. The penny

dropped with a resounding clang – I had packed a present for Oliver's twin brothers; it was a plastic fire station with a fire engine, a police car and an ambulance and it was equipped with a very realistic siren to be used at times of play emergency. The rough road between Feltwell and Hockwold had set the siren off!

I am writing this article at the end of the Queen's Jubilee weekend. We had a service in Methwold Church, during which we sang the National Anthem. Now, we all know verse 1 but very few of us know verse 2 "Thy choicest gifts in store on her be pleased to pour – long may she reign. May she defend our laws and ever give us cause to sing with heart and voice - God save the queen" This was apparent at the large Jubilee concert when there was an embarrassed silence from the thousands of people in the seats and down the Mall as the band struck up for verse 2.

In our hymn books, the above second verse is, printed as verse 3 and verse 2 is much more exciting. "O Lord our God, arise, scatter our enemies and make them fall. Confound their politics, frustrate their knavish tricks; on thee our hopes we fix: God save us all". Much more fun, but I have never heard anyone sing this verse.

This three verse British Standard version of the National Anthem first appeared in 1745 and was incorporated in many song books at the time. However, the second verse has been omitted in the publication "Scouting for

Boys" and on the Government's 'Monarchy Today' website. At the Queen's Golden Jubilee party, Prince Charles referred to the 'politically incorrect second verse of the National Anthem'. They spoil all our fun!

I have been impressed by the interest readers have expressed in my work as ship's doctor to Fred Olsen Cruise Lines. We are off to Norway with Boudicca in July so there may be more tales to tell. On the last cruise, an elderly Lancashire lady kept coming up to me (I am easily identifiable, being the only bloke aboard with gold and red stripes on his shoulders, sleeves, etc) and telling me that she hoped I would never have to dope-test the dolphins, before dissolving into peals of laughter. Polite smile of agreement. It was ten days before I heard that there was a game on board, where children play a game like deck quoits with wooden dolphins and the adults bet pennies on the outcome of each race. That's about as exciting as it gets on Boudicca! I was serving myself to breakfast one day, when a woman pushed in, elbowed me out of the way and helped herself to the food. She then dropped a bottle of brown sauce on the floor and it splashed all over my highly polished shoes. Obviously, as an officer, I had to be polite and retiring, and smiled graciously before retiring to sort myself out. Another guest was watching and told me later that she had said as I left, "Oh, that was the bl**dy doctor". Quite how that realisation affected her, I have no idea, but I never saw her professionally – perhaps she feared she might be given an enema, or

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Lisa Preston LHCEA RSHom
Registered Homeopath

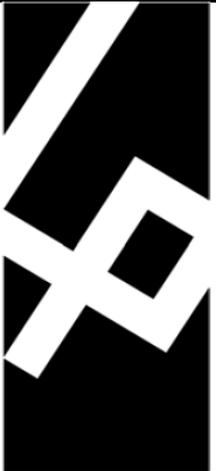
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worse.

A man doing market research asked a lady with three children running around whether she ever used the product in question – Vaseline. “Oh yes” she said “my husband and I use it all the time”. The researcher, who must have been naïve, then asked her what they used it for. “Oh, for sex” she said. Embarrassed but determined, the researcher pushed on “Can you tell me exactly what you do with it?” “Of course” she replied “we smear it on the outside door knob of the bedroom and it keeps the kids out”.

Best wishes to you all
Ian G. Nisbet

NORTHWOLD SPORTS & SOCIAL CLUB

From the 1st of July any person or group that wish too hire the club or the hall will now have to get a hire form from the club and fill it in and submit it to the club. Thank you for your support

FORTH COMING EVENTS

- Sports Night fun and Games 7th July
- Cash Bingo 13th July
- Car Boot Sale 15th July
- Cash Bingo 28th July
- Cash Bingo 10th Aug
- Cash Bingo 24th Aug
- Beer Festival Sun 26th Sept
- Quiz Night 29th Sept 7.00 for 7.30

BOWLS 100 CLUB DRAW JUNE

- 1st J. PROCTER £20
- 2nd J HAYLOCK £15
- 3rd J. CATER £10

Thank you all for your support, and new members are welcome.

Many thanks again too all the people that have given time and effort to get the club back to a clean and tidy state, where you can bring your family and friends for a social gathering and a drink at a reasonable price, in a friendly climate. Thanks to Misty Windows for replacement units and Mr. & Mrs. Adkins for donation.

Bernie Bartlett



COME AND ENJOY A DELICIOUS CREAM TEA AND HELP US TO RAISE MONEY FOR

CANCER RESEARCH UK & ST. ANDREW'S CHURCH RESTORATION APPEAL

TUESDAY 17TH JULY 2pm - 4pm

At 3 STABLEFIELDS, NORTHWOLD

NORTHWOLD CARNIVAL 2012

I had a stall at the school carnival to raise money to take local children on a three day trip to Walsingham, organised by Joan our vicar for Northwold, Methwold, Feltwell and Weeting in 2013.

I raised a total of £100.00. I would like to thank Sean Rickard of Didlington Nurseries for his generous donation of plants and the young lads who helped me with the lifting and carrying of the plants.

Mary



Community Action Northwold

Heartfelt thanks go to everyone who helped organise the Northwold Carnival this year and to everyone who participated.

The hard work of a small group of people meant that a large number of Northwold residents (and beyond) had a wonderful time on Saturday 9th June.

Well done and thank you

Exhibition Meg Browne



Northwold Village Hall

Saturday 14th July
Sunday 15th July
10am - 5pm

Tea/Coffee & Homebakes

Tel: 01366 728633

THANK YOU TO THE WI

I would like to say a big thank you to the WI, who put on a lovely evening to which I and many other people from the village were invited to. We were treated to " A Jubilee Garden party " which was held indoors at the village hall. There were flags, bunting, and other royal memorabilia which decorated the hall. We were greeted with a glass of champagne. The tables were beautifully laid out with the finest china, and we were served the most delicious selection of sandwiches , pastries and cakes. It was a fun evening, and great company I enjoyed it very much .

Regards Sheena

THANK YOU

Mitch & Jackie Hodges would like to thank everyone for their help and support during Brian's ill health and death. He wanted to thank the HEAD and NECK UNIT at NORFOLK & NORWICH hospital, so all donations are going there. £260 so far.

Jackie Hodges

R.J.FENDICK

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NORTHWOLD YOUTH CLUB

Wednesday, 13th June was busy, busy, busy!

With Father's Day looming, the Youth Club members invited Dads and Granddads to join in the fun of *Donuts4DadsDay* ... when they linked with teams called "Cheeky cherries", "Oshers", "Doughnuts", "Team Ream" and "Cool People".



The games included



Tug-of-War, Space Hopper Racing, Nor-



folk Dialect, Treasure Hunt and Dress-up-Dads (in wigs and tutus!!). The winners were the Cheeky Cherries.

To add to the fun Dads then had to enter a "Dad Dancing" competition – well done Craig Ramshaw!



As well as presenting the well-deserved winners with cups and doughnuts, we had a very special presentation – the Diamond Jubilee Medals for Youth Club Members and Helpers. As the Ray Osborne Youth



Fund supplied the medals it was a great pleasure to welcome the club's oldest member and Ray's sister, Mrs. Carr, to present the medals.

Whilst all these activities were taking place the Club also had visitors from Momentum", one of the County's big organisations for youth provision, safeguarding and child protection. We are very pleased to report that they were impressed with our little outfit and made the following comments:

"Excellent links with community, e.g. Northwold News so all events are promoted in the paper. Great range of activities always going on, inc. circus workshops, indoor and outdoor bowls, sports tournaments, puppet workshops, quiz, bingo. Club is exceptionally strong on all its policies and procedures."

Thanks must go to everyone who makes this possible – all the helpers and supporters of the club. Without their efforts we would not

be able to offer the fun and activities to the children they currently enjoy.

And finally, a very big thank you to the organisers of the Northwold Carnival. Each year they work really hard for the benefit of the school – and in so doing, bring a wonderful event to the village. Well done and thank you for this year's show. Your hard work is really appreciated.

Sharron Freemantle - 01366 727675

Local Summer Activities for 8 – 16 year olds!

The folk at King's Lynn Discovery Centre have put together the following programme of activities for us in this area. The James Bradfield School will be the venue used for the Stoke Ferry activities.

- Minibus collection service from surrounding villages for all sessions. Ring for collection details.
- King's Lynn Discovery Centre will have senior staff on site to look after first aid issues etc.
- All staff and service providers have undergone advanced CRB checks.
- Doors open at 10am and close at 4pm
- Entrance costs 50p. Membership forms **must** be completed - we need contact details for all participants.

Call 01553 772283 for details – email

katherine.discovery@btconnect.com

Check out www.whatyasay.com - the new activity website for West Norfolk

July 23 Stoke Ferry

Top Sport 11am to 4pm
Street Dance 1pm to 3pm

July 24 Stoke Ferry

Top Sport 11am to 4pm
Skateboard Coaching 1pm to 4pm
Trip to SHED Skate Park Kings Lynn open between 10am to 10pm

July 26 Mountain Biking in Thetford Forest

2 groups 10am to 12 midday & 1pm to 3pm
Meet Northwold Village Hall
10 places in each group

July 27 Southery

Top Sport 11am to 4pm
Rock School – 10am to 4pm
Street Dance 1pm to 3pm

July 30 Stoke Ferry

Top Sport 11am to 4pm
Music – make your own CD 10am to 4pm
Skateboard Coaching 11am to 2pm

July 31 Stoke Ferry

Top Sport 11am to 4pm
Street Dance 1pm to 3pm

Trip to SHED Skate Park Kings Lynn open between 10am to 10pm

August 1 Trip Norwich BMX Track

Leave 10am return by 4pm
26 places
Packed Lunch Required

August 2 Southery

Top Sport 11am to 4pm
Boxing Coaching 11am to 1pm

August 7 Trip to SHED Skate Park Kings

Lynn open between 10am to 10pm

August 10 Southery

Top Sport 11am to 4pm
Street Dance 1pm to 3pm
Skateboard Coaching 11am to 2pm
Laser Quest 11am to 1pm

August 13 Stoke Ferry

Top Sport 11am to 4pm
Street Dance 1pm to 3pm
Skateboard Coaching 1pm to 4pm
Fool Hardy Circus Workshop
10.30am to 4pm

August 14 Stoke Ferry

Top Sport 11am to 4pm
Rock School 10am to 4pm
Trip to SHED Skate Park Kings Lynn open between 10am to 10pm

August 16 Southery

Top Sport 11am to 4pm
Music – make your own CD 10am to 4pm
Boxing Coaching 11am to 1pm
Street Dance 1pm to 3pm

August 20 Stoke Ferry

Top Sport 11am to 4pm
Street Dance 1pm to 3pm
Skateboard Coaching 1pm to 4pm
Laser Quest 11am to 1pm

August 21 Trip to SHED Skate Park Kings Lynn open between 10am to 10pm

Kings Lynn open between 10am to 10pm

August 22 Trip to Peterborough Skate Rink 20 places leave 10am return 4pm

Packed lunch required

August 24 Southery

Top Sport 11am to 4pm
Street Dance 1pm to 3pm
Skateboard Coaching 1pm to 4pm

August 28 Stoke Ferry

Top Sport 11am to 4pm
Street Dance 1pm to 3pm
Skateboard Coaching 1pm to 4pm
Trip to SHED Skate Park Kings Lynn open between 10am to 10pm

Aug 30 Southery

Top Sport 11am to 4pm
Music – make your own CD 10am to 4pm
Boxing Coaching 11am to 1pm

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Everyone welcome at Northwold Village Hall

9.30am - 11.30am every Friday (term time only)

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Health visitor 1st Friday of the month

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JULY EVENTS
SATURDAY 14th
Charity Quiz Night in aid of EACH
starts at 8.30pm
Book your table now

THURSDAY 19TH
Ladies Lunch Club
2 course @ £10.50
(Bookings only)

**PLEASE NOTE WE WILL BE
CLOSED ON THE FOLLOWING
SUNDAY NIGHTS
22ND AND 29TH JULY**
(all other times open as normal)

AUGUST EVENT
THURSDAY 30th
Ladies Lunch Club
2 course @ £10.50
(Bookings only)

Bookings being taken now for all these
events - phone 01366 727317 or just pop in

Don't forget
QUIZ NIGHTS -
EVERY OTHER WEDNESDAY
July 4th & 18th
August 1st, 15th & 29th



**Northwold
Produce Show
Hanging Basket
and Garden**

Troughs Competition 2012

Judging will take place at the end of July –
exact date to be determined, dependent on
the weather.

Anyone wishing to enter the competition
should register their interest with the
Secretary (contact details below).

Rules of the Competition:

1. Competition is open to residents of Northwold Village, bona-fide members of Northwold voluntary clubs and ALL children attending the Northwold Primary School, Pre-school, Tots & Co., and Sheridan School.
2. Exhibits are to be grown by the exhibitor.
3. Exhibits should be visible from the main access to the premises.
4. Entry fees of 20p each exhibit will be received by the Secretary, no later than 23rd July 2012.
5. For this year only, the Platter "Best in Show – Flowers" will be presented to the winner. In addition, the prizes are 1st: 60p, 2nd, 40p, 3rd, 20p.
6. Any number of entries may be made by an exhibitor but they can be awarded only one prize.
7. The Judge's decision is final.
Secretary: Sharron Freemantle,
tele: 01366 727675



**THE SCARECROWS
ARE COMING!**

August 4th & 5th will be
scarecrow weekend in Northwold

Lets make this a weekend when the whole
village comes together with Scarecrows
EVERY-WHERE!

- The theme will be: Royalty, Fact or Fiction.
- There will be prizes for the most original, the most amusing and the best made scarecrows as well as a special prize for the best scarecrow made by an under-fifteen year old.
- Teas will be available in the village hall on both afternoons and while you are enjoying your tea & cake you will be able to vote for your favourite scarecrow - The People's Choice.
- If you need inspiration, we will be running a free Scarecrow workshop in the village hall from 2pm until 4pm on Sunday 29th July, so get your thinking caps on and start collecting old clothes now.

For further information please contact
either: Ann Howarth – 727772 or
Jane Luckman - 728921

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**MINUTES OF
NORTHWOLD PARISH
COUNCIL MEETINGS HELD
AT THE VILLAGE HALL
TUESDAY MAY 1ST 2012**

Present: Mrs R Crisp, Mr A Collins, Mr F Eglinton, Miss A Muir, Mrs V Lynch, Mr M Peake, Mrs S Jackson

1 member of the public

1. Election of Chairman

Mrs R Crisp was nominated and seconded and with no other nominations re-elected as Chairman.

2. Mrs R Crisp duly signed the Chairman's declaration of Acceptance of Office.

3. Apologies for absence

Mrs S Leet

4. No Declarations of Interest made.

5. Election of Vice-Chairman

Mrs V Lynch was nominated and seconded and with no other nominations re-elected as Vice-Chairman.

6. The minutes of the meeting held on 03/04/12 were agreed and signed as a true record of the meeting.

7. Matters arising from previous meetings

7.1 It was suggested a request to repair pot holes in Pinfold Lane should be made to the Highway Rangers.

7.2 It was reported that the bushes in front of the Manor House have been cleared.

7.3 It was noted that efforts to establish a new cemetery on part of the Playing Field at Whittington have been unsuccessful but members of the public have accepted the Parish Council has done all it can at the present time.

7.4 Two dog waste bins will be ordered once permission to locate them has been granted from Highways.

7.5 The Parish Council is considering purchase of seats for the parish to commemorate the Queen's Diamond Jubilee. It may be that the £400 from the village Pride in Norfolk award could be put towards this project. Mrs Ann Howarth who was constructive in obtaining the award

will be consulted. It was also suggested that a pack of trees could be requested from the Woodland Trust to be planted around the village. Locations for the trees would need to be considered. Commemoration of the Queens Diamond Jubilee will be an agenda item for the June meeting.

8. Reports

8.1 Chairman's Report

• Vandals have broken the wooden railings of the footbridge at Common Drove. The Police have been informed of this and it was agreed that for Health & Safety reasons the Parish Council will organise repair of the railings as soon as possible.

• A seat at the Playing Field, also broken by vandals, has been repaired. It was noted money is held by those who initially raised money for new play equipment for the repair of the equipment at the Playing Field. It was discussed and agreed that the Village Hall should be asked to give an annual invoice to the Parish Council for use of the Village Hall.

8.2 Clerk's Report

• Mrs Sue Bury has resigned from the Parish Council and a casual vacancy will be advertised once the Borough Council has been informed.

8.3 No report from CAN as no representative of the group was present.

8.4 No update regarding Manor House.

OPEN FORUM

• Concern was voiced regarding raised concrete on the road verge opposite 5 School Lane.

9. The following payments were agreed:

Clerk's salary (April)	£154.80
CGM (Grass cutting)	£296.16
Village Hall	£24.00
E.ON (Street light electric)	£150.34
Church grass cutting contribution	£200.00
Anglian water	£54.63
Norfolk Playing Fields Association subs	£20.00
Insurance (3yr agreement accepted)	£1980.00
H Everett (repair of seat)	£10.00
Norfolk Training Partnership	£40.00

9.1 Councillors were presented with the

bank balance for March 31st 2012 and accounts for the year ending March 31st 2012 were accepted.

9.2 It was agreed to continue with Mr. B Fox as Internal Auditor.

10. Correspondence

10.1 Archive Film in the Community. Councillors invited to a meeting at The Forum to see film content. Mr A Collins and Mrs V Lynch to attend.

10.2 NPFA Playing Field Newsletter.

10.3 Further information relating to the proposed incinerator at Saddlebow, Kings Lynn. Concern has been raised regarding the disposal of bottom ash.

10.4 Permission granted for new access for crop store at Watermill Farm, Northwold onto Foulden Road at Watermill Farm, Little London Road, Northwold 12/00076/F

11. Rules and regulations relating to Northwold Cemetery were accepted as presented.

12. Northwold Sports & Social Club

Discussion regarding how the Parish Council can support the Sports & Social Club took place. It was agreed the agreement for hire of the Sports & Social Club should be signed but that as a gesture of goodwill the Club should not be asked for any rent until April 2013. A response to the letter received from the Sports & Social Club will be sent to that effect. The Sports & Social Club has asked for other clauses from the proposed agreement to be removed but the Parish Council felt the clauses should remain. Rent has been set at £275 and a rent review will be undertaken in 2013. There is no clause in the proposed new agreement to ask the Sports & Social Club to add a percentage of any profit made to the rental fee.

Representatives of Northwold Sports & Social Club will again be asked to attend a Parish Council meeting so the draft agreement can be finalised.

13. Further reports

13.1 Research will be undertaken regarding maintenance for the village WAR Memorial.

13.2 It was noted that June meeting of the Parish Council cannot be held on the first Tuesday in June as this is a bank holiday. The meeting will be held on the following day – Wednesday June 6th.

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Feltwell Surgery dispensary and the job of the dispenser

In 1992 NHS GP's were allowed to provide pharmaceutical services to patients in rural areas living far from chemists. Some 'dispensing GP's' delegate this work to a qualified dispenser.

What's the difference between a pharmacist and a dispenser?

A pharmacist has a Masters degree in Pharmacy and may dispense medication to any patient from any area who presents with a prescription. They also may sometimes make up the medicines prescribed from scratch.

A dispenser, in a GP's practice, only dispenses medication to the surgery's own patients. There is no regulation stipulating what qualifications are needed for this job. However, Feltwell Surgery employs a qualified Dispensary Manager, Helen Kean, who's been here for 17 years, 4 qualified dispensers and 3 qualified dispensing assistants. Each dispenser has an NVQ2 in Dispensing. A dispenser may only do things authorised by their GP.

They have the right to query any prescription and can check through the GP's clinical computer systems. They may access the British National Formulary to see if a new drug prescribed will have adverse effects on a particular patient because of other prescribed medicines or allergies. The dispenser considers the 'whole patient' and may call on the entire practice for advice.

They may issue repeat prescriptions. However, Helen says 'It's the patient's responsibility to order only what they need. We have an alert on the surgery computer system warning if a patient is ordering their repeats too early.'

Other bits of information Helen made clear were:

- It can take up to 48 hours to process a prescription (there were 11,631 items dispensed in May)
- We try to help patients understand that the NHS hasn't a limitless pot of money. Most patients don't know the cost of their medication or understand how much wastage there is. Feltwell Surgery has run several campaigns to highlight difficulties with costs of drugs and the wastage of medicines (See PPG articles on our website www.feltwellsurgery.co.uk)
- Some patients ask if they can take their prescription to another pharmacy. This is possible but NOT on a one-off basis. Patients have to be registered as either a dispensing patient or non-dispensing patient. It's the patient's choice. Most patients prefer to see a GP/nurse and leave the premises with their medication at the same time – it's like a 'one stop service'.

Many patients take the opportunity to talk about their medication with Helen. She is very friendly and approachable and she now has her own office in the dispensary to enable this service to be more private. Helen is pleased to have Liz Penny as part of the dispensing team. 'Liz used to be our practice nurse – so we have the added benefit of someone with a qualified clinical background.'

Helen adds: 'I really enjoy being a dispensary manager and the contact it gives me with the public. If I'm in my office patients are welcome to come and chat about their medication.'

Toni Arthur-Hay

REGISTER OF ELECTORS

The Government is requiring all Electoral Registration Officers in England & Wales, except London, to publish a revised Register of Electors on 16th October this year instead of 1st December. This is in readiness for the Police & Crime Commissioner elections scheduled for 15th November. As a result, the annual electoral registration process needs to take place earlier than usual. A form and reply paid return envelope will therefore begin to be personally delivered to every property in West Norfolk from early July. Completion and return of the form is both obligatory and important because the Register is used not just for electoral purposes but also by many financial service providers dealing with, for example, mortgages, loans or new accounts. Anyone whose name is not on the Register will not only be unable to vote on November 15th and at next year's County Council elections but will also be likely to have problems using any service that involves a check of the Register.

The form is intended for the present occupiers of an address. The name of anyone aged 16 or over who is expected to be resident at the address on 15th October needs to be on the form and the names of anyone no longer at the address crossed out. The date of birth of anyone aged 16 or 17 will also be required. **If any changes to your household occur after the form has been completed but on or before 15th October please contact the Helpline immediately. The number is 01553 616773.**

Forms received by owners of properties that are expected to be empty on 15th October simply need the "Property empty on 15th October" box ticking and returning. This will avoid the issue of reminders.

In the event of any queries when the form arrives, householders can telephone the Helpline and any of the electoral staff will be glad to assist.

Due to the much earlier Register publication date, prompt return of the form or, better still, confirmation by freephone, internet or SMS (details on the form) would be very helpful. It will also of course avoid the need for reminders and help to keep costs down.

Afternoon Tea

Robin and Carole will be hosting Afternoon Tea at

The Grange, Northwold

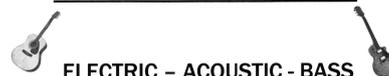
on
Sunday, July 22nd 2012 3-5pm

All proceeds to St George's Church, Methwold

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R.G.T.

NORTHWOLD WI

June 10th saw the PTA Carnival take place in the village. The theme was "The Olympics" and for several weeks meetings and preparations had been taking place. WI members had a float kindly driven by Mr Cator and



three of our ladies rode on the float dressed as ancient Greeks. The rest of the party were Team WI and walked alongside dressed as The Cooking Olympics with Doreen at the front carrying the torch. As last year we were the **only** adult team taking part so therefore we won first prize again when the judging took place. The WI Stall was kept busy with people purchasing produce and cakes made by members of the WI. Always a very popular stall, which sells out very quickly.

Then on Tuesday 13th June we had what seemed to be **the only** Jubilee event of the Village when we entertained guests and members with a splendid **Jubilee** tea. All the members and guests were asked to come in their finery and there were some lovely hats and outfits being worn. Members brought in pretty matching cups, saucers and plates and beautiful tiered cake stands to place on the tables. Most ladies had been

extremely busy baking and creating, and the tables groaned under the weight of all the sandwiches, vol-au-vents, scones, cream, jam, strawberries, tarts, butterfly cakes,



queen cakes and more too numerous to mention. The Hall looked extremely good with flags, a picture of the Queen, a framed tea towel by Brenda) and a lovely floral display created by Jenny Bunyan, and, of course, everyone looking very **Jubilee!** A member's husband came along and very kindly took many photographs so we will have a lasting memory of an historic occasion.

We had a very short business section at the beginning of the evening where members were reminded of the forthcoming trip to Westacre Theatre and then we were entertained by Brenda Bowler who advised us all on the advantages of wearing the correct colour. As Mr Booty looked resplendent in his red waistcoat and bow tie we are sure he already knows his colours. Mrs Bowler was thanked by Rosemary.

The special **Jubilee** raffle was won by Eunice – a very nice Royal Doulton **Jubilee** mug.

The **Jubilee** tea was served by Angela, Glenda and Pauline. Several guests were so impressed by the evening that they have promised to join as members! If you fancy sharing this sort of event why not come along and see us where you will be assured of a very warm welcome.

Glenda

THETFORD VOICES Summer Holiday Singing

Thetford Voices, which annually runs Singing Workshops for children and young people, has two sessions planned for August.

Thetford Voices Sixth Summer Workshop
for young singers 6-16

singing
the Ups & the Downs
across a range of moods, styles and subject-matter

Tuesday 14th & Wednesday 15th August

sponsored by
Norfolk Community Foundation
and the D'Oyly Carte Trust
Registered Charity No. 1121851

Thetford Grammar
School, Bridge Street
for further details & application form
tel. 01842 820060

The Ups and the Downs, a two-day session for 6-16 year olds on Tuesday 14th & Wednesday 15th August, promises to be a cracker. The title gives guest leaders Laura Miller and Chris Wray the chance to introduce songs in varied styles and moods about anything from flying to exploring the depths of the sea. As usual we welcome friends and family to the concert which showcases the work of the young singers as we finish on Wednesday evening.

Our second Workshop is a half-day session

Northwold Spiritualists

Meet every other **Friday** in the Village hall at 7.30 pm and on other occasions. Schedule.

6th July - Adrian Pasotti
20th July - Mark Smith
3rd August - June Hughes
17th August - Gaye Harrison
31st August - Cherry Smith

Enquiries to Eileen on (01366)727174

FOOT HEALTH CLINIC

May we remind our readers that the next foot health clinic is as follows:-
Wednesday 4th July, 22nd & 29th August at the Village Hall, Surgery Room.

I also carry out home visits for treatment

For appointments tel. 01362 652757 David Noble. WMSCh(Hons), PSPract.,MVR.

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on Thursday 30th August when as part of Thetford Festival we'll be Meeting Up. This is in fact three sessions in one, opening with a Parents and Toddlers session. Then, for 6-16 year olds, Norfolk folk musician Alan Helsdon, aided by local song leaders, has songs about some interesting characters, real and imaginary. Alan also takes time out to run a Ukulele Workshop for singers and instrumentalists before the Grand Concert Finale.



Thetford Voices Singing Workshop
for children & young people

with Norfolk folk musician **alan helsdon** & local song leaders

entry £3
booking necessary

Meeting up
130 - 515
Thursday 30 August
p.s. at Grammar School

1.30 - 2.30 Parents and Toddlers session (five and under)
2.30 to 4.45 Meeting Up with characters, real and imaginary, a Song Workshop for 6-16 year olds
5.45 - 6.30 Ukulele Workshop for singers and accompanists
8.00 Grand Concert, families & friends welcome

Booking Forms with all the details (return by 25 August) from the *Leaping Hare* and by e-mailing thetfordvoices@gmail.com

sponsored by  Norfolk County Council

Over the years, Thetford Voices workshops have provided enjoyable and worth-

while holiday activities, popular with children and young people and their parents. Come for one Workshop or both - there's no overlap of material and each will have its own style and way of doing things.

We are based in the Williamson Hall of Thetford Grammar School, and provide full supervision from CRB cleared staff. Songs are chosen for the range of ages taking part and there is something for all abilities, from beginners to accomplished part-singers. We aim at good singing and good fun and welcome participants from across Breckland and beyond, many returning year on year.

Through generous sponsorship, this year from Norfolk County Council, Norfolk Community Foundation and the D'Oyly Carte Trust, costs are kept at a minimum: they will again this year be £7 for The Ups and the Downs. For Meeting Up it is £3 for a first session with a second free.

For further information, including detailed timings, and to book, pick up a leaflet locally or contact John Weeks, Thetford Voices Administrator, on 01842 820060 or email thetfordvoices@gmail.com.

Incinerator update

Norfolk County Council has been determined to spend £500M of our money on an incinerator at any cost to its own reputation regardless of need or merit. When the County Council's 2008 consultation showed most people wanted improved recycling and composting not incineration the report's conclusions did not reflect the responses, instead they implied support for incineration. This

is significant because around 1/3 of the waste intended for incineration would be food which could otherwise be composted or digested to produce electricity. When the Council's own scrutiny committee 'reviewed' the contract decision a leaked email showed how they had made up their minds to 'rubber stamp' it 5 days before hearing the evidence. Even the planning (regulatory) committee has been rigged. If you look at the distribution of its membership, previously it was evenly spread throughout Norfolk, now you can draw a line cutting Norfolk in half with the Eastern side over represented and no members at all coming from the West (otherwise know as the incinerator side of Norfolk). Undermining democracy at home is not enough for some. The County Council's leader recently visited the Caribbean on an official fact-finding trip, as reported in the EDP 11-6-12 "A Caribbean paradise blighted by corruption allegations will have to be tutored by Norfolk Council officials before it can re-establish democratic elections." Many thought it had to be a sick joke, unfortunately not. Could a more undemocratic Council have been found? Voter apathy is a problem often lamented by politicians, is it any wonder when voters are treated so badly? A public enquiry and a call-in are both justified and well overdue. The next KLWIN event is a Tea Dance, all ages are welcome to the William Burt Centre, West Winch 7th July 4 - 8pm. Whether single or a couple, beginner or experienced the KLWIN Tea Dance is an opportunity to learn traditional dances with friendly tuition. Please come and support us and Dance for Democracy. Tickets are £10 in advance, £12 on the door, concessions available. (High Tea, quiz & tuition included) Tel: 07761285864

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MOBLE FISH & CHIP VAN

Calls into Northwold on a Thursday evening. It stops at 3 destinations along School Lane approx. 6.20-6.30pm, onto Village Hall approx. 6.35pm, then Glebe Close approx. 6.45pm. For further information call Andrew on 07876 485616

MOBILE LIBRARY

Calls in our village on a Thursday, normally every 3 weeks and stops at the following:

	Arrival Time	Depart. Time
Inghams Lane	13.35	14.00
Tile Centre	14.05	14.30
Manor Place	14.35	15.00
School	15.05	15.20
Council Houses	15.25	15.35
Bulldog Garage	15.40	15.55
Little London	16.00	16.20



Northwold Bridge Club

are looking for members.

Why not come along and have a game of Bridge with a very friendly bunch of players.

We play duplicate bridge and you have not got to have Omar Sheriff skills.

We play on Tuesday afternoons 1.15 to about 4.30.

Why not come along and see us?

I am sure you will enjoy yourself.

Interested!

Contact Ray Waller - 01842 827120

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